



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# A FALL FULL OF FUN FOR KIDS



## 2020 Fall–Winter Youth Programs

**Register for these or any YMCA program on-line or by visiting the Y.**

Financial assistance is available for anyone demonstrating need.

## FALL FLAG FOOTBALL LEAGUE

Learn the exciting sport of football and the importance of teamwork by being part of our fun, fast-paced, co-ed flag football league! Each player receives a new NFL flag jersey. [Due to health and safety requirements, teams will be limited to 10 players].

Ages: K-5th grade

Date: Weekday evenings & Saturdays | September 8th - October 12th. Practice starts the week of August 31st.

Location: Bozeman Softball Fields

Member: \$80 | Non-Member: \$130

Registration deadline: August 21, 2020

We will do our best to accommodate last minute registrations and requests, but with team size limitations, please understand that we will not be able to meet requests for car pooling, school teams, coaches, etc.. Please register early. Please understand that we will not be able to switch children once they are placed on teams. Special requests must be made at the time of registrations and will be honored if at all possible.

Coaches Meeting: August 26th at 6pm.

NEW THIS YEAR: All coaches will receive a FREE Individual Program membership to the Y, good for 1 year. This membership provides significant discounts on all YMCA programs for the individual including summer camps. Parents will be notified following coaches meeting of coach and team placement. \*COVID-19: Families will be limited to no more than 4 spectators per game and attendees must follow social distancing guidelines.



## INTRO TO TAEKWONDO

Intro to Taekwondo teaches children coordination, focus, discipline, honor, respect, and self-confidence, while having fun and being physically active. Participants learn the basics of Taekwondo including breathing, blocking, punching, kicking, and more! Class is taught by a certified instructor in a fun, relaxed, and encouraging environment.

Ages: K-5th grade

Date: Wednesdays | October 7th-28th

Time: 5-6 PM

Location: Gallatin Valley YMCA

Member: \$60 | Non-Member: \$90

Registration Deadline: October 2, 2020

## GIRLS BASKETBALL INTRO CLINIC

Meet us on the court for this 4-week intro to basketball clinic! Girls will learn the basics of the game, the importance of team work, leadership training and get to meet some of the area's best upcoming basketball stars! We will host the clinic on the outdoor court at the Commons to allow for a safer environment. Spots are limited.

Ages: 2nd-8th grade

Date: Wednesdays | September 2nd-23rd

Time: 2nd-4th grade: 5-6pm | 5th-8th grade: 6pm-7pm

Location: Outdoor basketball court at the Commons

Member: \$40 | Non-Member: \$70

Registration Deadline: August 28, 2020



## BALLET 1

Learn the fundamentals of this classical form of dance using graceful, flowing patterns and creating expression through movement. This course is a great introduction for those interested in the art of ballet. The 6-week session ends with a dance recital where participants will showcase their new skills! (limit 2 guests per child).

Ages: K-5th grade

Date: Mondays | November 2nd - December 7th

Time: 4:30 - 5:15pm

Location: Gallatin Valley YMCA

Member: \$60 | Non-Member: \$90

Registration Deadline: October 30, 2020

## BALLET 2

Level 2 Ballet is a continuation of the skills learned in our Level 1 Ballet class. Dancers will develop greater coordination, skill and confidence in an encouraging and fun environment as they progress into more advanced techniques and begin to learn the intricacies of Ballet. This 6-week session ends with a dance recital where students will perform and demonstrate their new skills. (limit 2 guests per child)!

Ages: K-5th grade

Date: Mondays | November 2nd - December 7th

Location: Gallatin Valley YMCA

Time: 5:15 - 6pm

Member: \$70 | Non-Member: \$100

Registration Deadline: October 30, 2020

## HIP HOP 1

Learn the basics of this energetic form of dance that combines modern, Hollywood and hip-hop moves focusing on technique and flexibility. A perfect way to build coordination and confidence while having a great time doing it! Each 6-week session ends with a dance recital where participants get to demonstrate their new skills (limit 2 guests per child)

Date: Thursdays | October 8th - November 12th

Time: 4:30 - 5:15pm

Location: Gallatin Valley YMCA

Member: \$60 | Non-Member: \$90

Registration Deadline: October 2, 2020

## HIP HOP 2

Level 2 Hip-Hop is a continuation of the skills learned in our Level 1 Hip-Hop class. Students will take their moves to the next level by improving dance skills and learning new moves during high energy sessions that are as much fun as they are instructive. This 6-week session ends with a dance recital where the kids will perform and demonstrate their new skills. (limit 2 guests per child)!

Date: Thursdays | October 8th - November 12th

Time: 5:15 - 6pm

Location: Gallatin Valley YMCA

Member: \$70 | Non-Member: \$100

Registration Deadline: October 2, 2020

## FOR YOUNG ATHLETES

### LITTLE NINJAS

Our Little Ninjas classes are fast-paced, fun filled, educational and motivational. Kids love Taekwondo and parents love watching their kids learn and grow in a positive, well disciplined and encouraging atmosphere. Each class is filled with exciting, high energy drills that are carefully designed to develop important life skills and is lead by our experienced black belt instructor.

Ages: 4-6 year olds

Dates: Wednesdays | October 7th-28th

Time: 4:30-5pm

Location: Gallatin Valley YMCA

Member: \$40 | Non-Member: \$70

Registration Deadline: October 2, 2020



### TERRIFIC TUMBLERS

Young gymnasts will learn the basics of gymnastics through movement and tot tumbling. They will practice balance, build strength and coordination, and learn tumbling skills in a safe and fun environment.

Ages: 4-6 year olds

Dates: Mondays | October 5th-26th

Time: 5:00-6:00pm

Location: Gallatin Valley YMCA

Member: \$40 | Non-Member: \$70

Registration Deadline: September 30, 2020

**Not sure if your child will like gymnastics? Join us for our free 30-minute intro class on September 21 5p-5:30pm. Space is limited, please register early.**

## FOR YOUNG LEARNERS

### TREMENDOUS TODDLERS

If your young child loves to move, they will love this program! It offers young children the opportunity to develop and build self-confidence and self-esteem through movement-based activities that focus on developing gross and fine motor skills. Children will learn about various topics like insects, snakes and lizards, ocean/sea animals and become mini scientists while increasing strength and muscle control, hand-eye coordination and body awareness. Participants will create a delicious and nutritious snack to enjoy while in the program.

Ages: 2-4 year olds. [Children must be potty trained.]

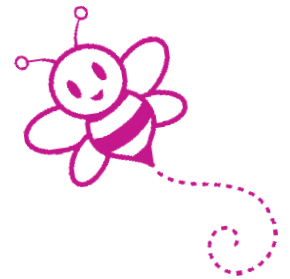
Date: Fridays | October 9th-October 23rd

Time: 9am-12pm

Location: Gallatin Valley YMCA

Member: \$40 | Non-Member: \$55

Registration Deadline: October 2, 2020



### KINDER CLUB: Digging into the Past—Dinosaurs and Fossils

This program will help children gain kindergarten readiness skills while also providing fun and enriching lessons. Participants will practice skills such as; writing and identifying their names, working together to solve a problem and discussing their ideas and thoughts. Activities include digging fossils, creating their own dinosaur and many more fun activities. Participants will create a delicious and nutritious snack.

Ages: 3-6 year olds

Date: Fridays | November 6th-November 20th

Time: 9am-12pm

Location: Gallatin Valley YMCA

Member: \$40 | Non-Member: \$55

Registration Deadline: October 30, 2020

### KINDER CLUB: Holiday Fun

This program will help children gain kindergarten readiness skills while also providing fun and enriching lessons. Participants will create wonderful homemade Christmas gifts and play holiday games. Children will create a delicious and nutritious snack.

Ages: 3-6 year olds

Dates: Fridays | December 4th-December 18th

Time: 9am-12pm

Location: Gallatin Valley YMCA

Member: \$40 | Non-Member: \$55

Registration Deadline: November 27, 2020

## FOR TEENS

### SUPER SITTERS

Ready to take on the challenges and responsibilities of babysitting? Then this is the perfect course to help you gain the essential skills needed to a trusted and knowledgeable baby sitter. Course includes basic guidelines of safe baby sitting, child development stages, infant care, first aid, infant and child choking response and home safety. Participants should bring bag lunch and water bottle.

Ages: 11+

Dates:

Session 7: Saturday | September 5th | Registration Deadline: September 1, 2020

Session 8: Saturday | October 3rd | Registration Deadline: September 29, 2020

Session 9: Saturday | November 7th | Registration Deadline: November 3, 2020

Session 10: Saturday | December 5th | Registration Deadline: December 1, 2020

Time: 10am-3pm

Location: Gallatin Valley YMCA

Member: \$35 per session | Non-Member: \$65 per session



\* PLEASE NOTE: Minimum enrollment of 5 needed to run programs.